

HORARIO MONITOR SALA FITNESS 2025-2026

| | LUNES | MARTES | MIÉRCOLES | JUEVES | VIERNES | SÁBADO | DOMINGO |
|-------|-------------------|-----------------|----------------|------------|-----------------|---------|---------|
| 9:00 | SAMU | PAULA S. | SAMU | PAULA S. | SAMU | | |
| 9:15 | | PAULA S. | | PAULA S. | | | |
| 9:30 | | PAULA S. | | PAULA S. | | | |
| 9:45 | | PAULA S. | | PAULA S. | | | |
| 10:00 | | | | | | BÁRBARA | BÁRBARA |
| 10:15 | | | | | | BÁRBARA | BÁRBARA |
| 10:30 | | | | | | BÁRBARA | BÁRBARA |
| 10:45 | | | | | | BÁRBARA | BÁRBARA |
| 11:00 | SAMU | PAULA S. | SAMU | PAULA S. | SAMU | | BÁRBARA |
| 11:15 | SAMU | PAULA S. | SAMU | PAULA S. | SAMU | | BÁRBARA |
| 11:30 | SAMU | PAULA S. | SAMU | PAULA S. | SAMU | | BÁRBARA |
| 11:45 | SAMU | PAULA S. | SAMU | PAULA S. | SAMU | | BÁRBARA |
| 12:00 | | | | | | BÁRBARA | BÁRBARA |
| 12:15 | | | | | | BÁRBARA | BÁRBARA |
| 12:30 | | | | | | BÁRBARA | BÁRBARA |
| 12:45 | BÁRBARA | ALEJANDRO | | | | BÁRBARA | BÁRBARA |
| 13:00 | BÁRBARA | ALEJANDRO | | | | BÁRBARA | BÁRBARA |
| 13:15 | BÁRBARA | ALEJANDRO | | | | BÁRBARA | BÁRBARA |
| 13:30 | BÁRBARA | ALEJANDRO | BÁRBARA | ALEJANDRO | | BÁRBARA | BÁRBARA |
| 13:45 | | | | | | BÁRBARA | BÁRBARA |
| 14:00 | | | | | | | |
| 15:00 | BÁRBARA | | JUAN | | RAÚL | | |
| 15:15 | BÁRBARA | | JUAN | | RAÚL | | |
| 15:30 | BÁRBARA | | JUAN | | RAÚL | | |
| 15:45 | MARKUS | RUBÉN | MARKUS | RUBÉN | ALEJANDRO | | |
| 16:00 | MARKUS | RUBÉN | MARKUS | RUBÉN | ALEJANDRO | | |
| 16:15 | MARKUS | RUBÉN | MARKUS | RUBÉN | | | |
| 16:30 | BÁRBARA/MARKUS | RUBÉN | JUAN/MARKUS | RUBÉN | | | |
| 16:45 | BÁRBARA/CATA | JUAN | JUAN/CATA | JUAN | RUBÉN | | |
| 17:00 | BÁRBARA/CATA | JUAN/CATA | JUAN/CATA | JUAN/CATA | RUBÉN | | |
| 17:15 | CATA | JUAN | JUAN | JUAN | RUBÉN | | |
| 17:30 | CATA | JUAN | JUAN | JUAN | RUBÉN | | |
| 17:45 | CATA | JUAN | JUAN | JUAN | RUBÉN | | |
| 18:00 | BÁRBARA/CATA | JUAN/CATA | JUAN/CATA | CATA | RUBÉN | | |
| 18:15 | SAMU | JUAN/CATA | JUAN | CATA | RUBÉN | | |
| 18:30 | SAMU | CATA | JUAN | CATA | RUBÉN | | |
| 18:45 | SAMU | CATA | JUAN | CATA | RUBÉN | | |
| 19:00 | CATA/SAMU/JUAN | SAMU | JUAN/CATA | JUAN | RUBÉN | | |
| 19:15 | BÁRBARA/JUAN | SAMU/RUBÉN | JUAN/SAMU | JUAN/RUBÉN | RUBÉN/ALEJANDRO | | |
| 19:30 | BÁRBARA | SAMU/JUAN/RUBÉN | SAMU | RUBÉN | RUBÉN | | |
| 19:45 | BÁRBARA | RUBÉN/CATA | SAMU | RUBÉN | RUBÉN | | |
| 20:00 | BÁRBARA/CATA | RUBÉN/CATA | CATA | RUBÉN | RUBÉN | | |
| 20:15 | BÁRBARA/CATA | RUBÉN/CATA | CATA | RUBÉN | RUBÉN | | |
| 20:30 | BÁRBARA/CATA | CATA | JUAN/CATA | CATA | RUBÉN | | |
| 20:45 | BÁRBARA/CATA/SAMU | CATA | JUAN/CATA/SAMU | CATA | RUBÉN | | |
| 21:00 | BÁRBARA/CATA | CATA | JUAN/CATA | CATA | RUBÉN | | |
| 21:15 | CATA | CATA | CATA | CATA | RUBÉN | | |
| 21:30 | CATA | CATA | CATA | CATA | | | |

La dirección se reserva el derecho a modificar este horario